



NORTH VISTA SECONDARY SCHOOL

Secondary 3 Parent Engagement Session

Journeying with your Child in NV 8 July 2025 (Tuesday) 8.00 am – 9.30 am



Gentle Reminders:

(1) Please switch your mobile phones to silent or vibration mode.

(2) Today's slides will be uploaded on the school's website.

NORTH VISTA SECONDARY SCHOOL							
Time	Programme						
8.00am to 8.20am	 Introduction & Programme Outline for Sec 3 Session Opening Address by Principal, Mr Yap 						
8.25am to 8.55am [Group 1 @ LT] 8.55am to 9.30am [Group 2 @ SR5]	 <u>Affective Matters</u> Semester 1 Recap & Semester 2 Preview Supporting Your Child's Well-being <u>Academic Matters</u> Promotion criteria and lateral Transfer Preparation for End-of-year exams Academic support 						
8.25am to 8.55am [Group 2 @ SR5] 8.55am to 9.30am [Group 1 @ LT]	 Post-Secondary Pathway Options Pathway options after Sec 4/5 						

Note: Each group will remain in their assigned location. The speakers will rotate between venues.

新木学

NORTH VISTA SECONDARY SCHOOL

Ding J	School Representatives		
	Principal	Mr Yap Thiam Chuan	
	Vice-Principal	Mr Krishnan Pillay	
	Vice-Principal	Ms Wu Xiaoyuan	
	Vice-Principal	Mr Kwek Chin Leong	
	Year Head/ Upper Sec	Mdm Sri Devi	
	Assistant Year Head/ Sec 3	Mrs Chng-Lee Lu Xian	
	HOD/Applied and Creative studies	Mrs Lucia Leong	
	Lead Teacher/ Nutrition Food Science	Mrs Lily Theodore	
	ECG Counsellor	Ms Jaslyn Shalini A R	





Principal's Welcome Address

Mr Yap Thiam Chuan



Affective Matters

Sec 3 AYH Mrs Chng-Lee Lu Xian



Scope of Sharing

- Team of Teachers
- Semester 1 Recap & Semester 2 Preview
- Supporting Your Child's Well-being



NORTH VISTA SECONDARY SCHOOL

Team of Teachers

Class	Form Teachers	Class	Form Teachers
3 -A	Natasha Kirenjit Singh (Ms)* Nur Shereen Zulkeplee (Mdm) <i>Javier Yon (Mr)</i>	3 –E	Ong Yong Hui (Mr) Junie Ong (Mrs)
3 –В	Dino Loo (Ms) Nadia Mohamad Ali (Ms) <i>Lily Theodore (Mrs)</i>	3 –F	Tan Jia Rong (Mr) Victor Lam Tuck Thai (Mr) Debbie Wong (Ms)
3 -C	Mohamed Hafeez Mohd Ali (Mr) Lucia Leong (Mrs)	3 –G	Leow Li Wei (Mrs) Lim Zi Qi (Ms)
3 -D	Alvina Koh (Ms) Anna Stephen (Mrs)	3 -H	Khairiyah Sabina Jumari (Ms) <i>Tan Keng Wee (Mr)</i>



NORTH VISTA SECONDARY SCHOOL

Semester 1 Events

Snapshots of Semester 1

Let's watch a video capturing some highlights from Semester 1.





Plan for Semester 2

- Growth Mindset Workshop
- Education and Career Guidance (ECG) Workshops/ Talks
- Post-Exam Activities:
 - Secondary 3 Learning Journeys: Industry Exposure and Growth Mindset Application
 - Sec 3 Motivational Workshop: Know Your Strengths







NORTH VISTA SECONDARY SCHOOL

Supporting my child/ward in Secondary 3

Thriving "I've got this! Yes, I can!"	Coping "Most times, I'm ok! Sometimes, things don't feel ok."	"I can't seem to do it, urgh."	Unwell "I can't do this, or I don't even know why I feel like this. I give up."	#1KNOW
Can manage and express emotions effectively most of the time	At times, finds it difficult to manage emotions but able to express these feelings	Has meltdowns or becomes withdrawn when experiencing an overflow of emotions	If you notice your child exhibiting signs of social-emotional struggles (see	Knowing where our child is along the continuum is an important first step. Our understanding and empathy will support big/bar appial emotional well.
Able to develop/ maintain positive relationships with others Able to regulate use of devices	With some help or reminders, uses strategies (e.g. Taking deep breaths, positive self- talk) to manage stressful moments	Is often irritable, sulky or struggles to hold a calm conversation with others due to impatience, frustration or tiredness	'Struggling' column) and your efforts to reach out to provide support have been unsuccessful, it might be time to seek help for them.	support his/her social emotional well- being. Social- Emotional Well-Being Continuum
Has a "can do" spirit Maintains a balanced	Able to form some positive relationships	Avoids social interactions and is reliant on device interactions instead	Support can come from a family friend, a counsellor or a healthcare professional.	For more information, please go to
lifestyle with physical activity and sufficient sleep	With help or reminders, able to regulate use of devices	Sends or posts moody and/or depressing messages on social media	Help is available, you and your child are not	https://file.go.gov.sg/pk-cantstop- thefeelings.pdf
Able to regulate mood and expressions of negative emotions	Does not always sleep sufficiently, moodiness sets in when tired	Often struggles to fall asleep, hence moody and weary	alone. Start with speaking to the school.	From Parent Kit, Ministry of Education Singapore



Supporting my child/ward in Secondary 3

#2 C.A.R.E

One way to support our children's well-being is to develop their social-emotional skills. Let's also practise C.A.R.E.



Chat: Make time for one-to-one conversations- this shows our children that we value their thoughts and feelings, that the matter to us.

Affirm and encourage them. Tell them you are proud of them when they make and act on responsible decisions.

Role-Model: Show, not tell. Our children learn best from watching our actions.

Empower: Give our children choice and hone their problem-solving skills





Academic Matters

HOD - Applied and Creative Studies Mrs Lucia Leong



Scope of Sharing

Academic Calendar for Semester 2

Other Academic Matters

- Promotion Criteria
- Assessment Weighting
- Academic Support
- 2026 AcademicTimeline



Academic Calendar in Semester 2 - Term 3

Week / Date	Event	Students involved
Week 4 - 8	Weighted Assessment 3	All
Week 3 [14 July - 18 July]	GCE O-Level MTL Oral Exam	HMTL students
Week 8 [22 Aug]	EL Oral Examination	3 Ехр
Week 10 [3 Sept]	Issue of Progress Report	All



Academic Calendar in Semester 2 - Term 4

Week / Date	Event	Students involved	
Week 2 - 4 [23 Sept - 8 Oct]	End-of-Year Exam	All	
Week 4 [9 Oct - 10 Oct]	Marking Day	All	
Week 5 [13 Oct - 17 Oct]	Script Checking	All	
Week 6 [24 Oct]	Last Day of Term 4	All	



Timeline for End-of-Year Examination

Duration: 23 Sept - 8 Oct

Exam Timetable: Will be distributed to students by **15 Aug** Exam Topics and Format: Will be uploaded on School Website by **15 Aug**

	福新平王	Scoring	Scoring (Express)	
N	ORTH VISTA SECONDARY SCHOOL	Grade	Marks	
Promotion	A1	75 and above		
		A2	70-74	
	Minimum Attainment	B3	65-69	
Stream	Level	B4	60-64	
Express	Grade 6 or better in EL	C5	55-59	
	and 2 other subjects	C6	<mark>50-54</mark>	
		D7	45-49	
		E8	40-44	
		F9	Below 40	



Demands of Upper Sec Curriculum

O & N-Level Syllabus Coverage in Sec 3 & 4



More breadth and depth in content
 Application of content
 Analysing information, evaluation and draw conclusions



Assessment Weighting

Seme	ester 1	Seme	ster 2
Weighted Weighted		Weighted	Semestral
Assessment 1 Assessment 2		Assessment 3	Assessment
(WA1) (WA2)		(WA3)	(EYE)
Alternative	Alternative	Alternative	55%
Assessment OR	Assessment OR	Assessment OR	
Test 1	Test 2	Test 3	
(15%)	(15%)	(15%)	

There will be no more than one weighted assessment per subject, per school term.



Academic Support

	Monday	Tuesday	Wednesday	Thursday	Friday
ODD Week	Humanities	Art / DT / ESS / NFS	Math	Science (Physics / Biology)	Mother Tongue Languages
EVEN Week	English	Science (Chemistry)	A Math	Ad-hoc consultation	Humanities



Academic Support

Individual face-to-face/ e-Consultations for

students who need additional help or have clarifications on content taught

Dept-based learning sessions:

- Focused on certain topics/ areas of need
- Students will be informed by their subject teachers in advance if they are required to attend the sessions and of the start/end time for each session







Timeline of Events for 2026



NORTH VISTA SECONDARY SCHOOL

Parental Support

1) Importance of 3 "A"

Attendance : Be present and punctual

Attention : Remind your child to get enough sleep so that he/she can focus on learning

Attitude : Foster habits of self-discipline and handing in work consistently

2) Monitor your child's learning and progress at home

3) Encourage your child to allocate time for revision daily

4) Advise your child to reach out to his/her teachers when in doubts

YOUR CHILD'S EDUCATION JOURNEY

TAKING THE NEXT STEP FORWARD

My role as a ECG Counsellor ...

is to guide students using these 3 questions to explore their strengths, interests and aspirations so they can make informed decisions about their education and career plans, own them and stay relevant, adaptable and resilient!



The GCE O-Level/N-Level is one of many milestones in your child's education journey.

The next step of their journey is filled with many opportunities and pathways for them to explore!

So, What's Next after Sec Sch? Multiple Pathways, Many Possibilities









The A-level programme

	A-Level				International	
		Arts	Sc	ience	Baccalaureate	
JC Name	Course Code	L1R5 Net Aggregate Range for Previous (2024) JAE	Course Code	Net L1R5 Range for Previous (2024) JAE	Course Code	L1R5 net Aggregate Range for Previous (2024) JAE
Anderson Serangoon Junior College	39A	8 to 11	39S	3 to 10		
Anglo-Chinese Junior College	22A	2 to 9	225	2 to 8	4	-
Anglo-Chinese School (Independent)	-	-	-		511	2 to 4
Catholic Junior College	23A	8 to 13	235	7 to 12		
Dunman High School	44A	2 to 8	44S	2 to 7	4	-
Eunoia Junior College	38A	3 to 7	38S	2 to 6	-	-
Hwa Chong Institution	24A	2 to 5	24S	2 to 4		-
Jurong Pioneer Junior College	40A	9 to 15	40S	5 to 14	•	-
Nanyang Junior College	26A	3 to 6	26S	2 to 5	-	
National Junior College	27A	6 to 8	275	2 to 7	-	-
Raffles Institution	28A	2 to 5	28S	2 to 4	-	
River Valley High School	45A	7 to 9	45S	5 to 8	-	·
St. Andrew's Junior College	30A	5 to 10	30S	3 to 9	4	-
St. Joseph's Institution	-	-		4	521	2 to 6
Tampines Meridian Junior College	41A	4 to 13	41S	6 to 12	-	
Temasek Junior College	32A	6 to 8	32S	2 to 7		
Victoria Junior College	33A	2 to 8	33S	2 to 6	-	-
Yishun Innova Junior College	42A	10 to 18	42S	6 to 20	-	

Junior College (JC) Courses (2-Year Duration)

A-Level Programme

To be eligible for admission to a junior college (JC) course, students must meet these **2 criteria**:

1.Your L1R5 gross aggregate score (before bonus points) must not exceed 20.

2. Meet the grade requirements for specific subjects.

Calculating the L1R5

L1R5	Subjects
L1	English or Higher Mother Tongue
R1	Any 1 best-scoring subject from <u>Humanities/Higher Art/Higher Music/Malay</u> <u>Special Programme/ Chinese Special Programmes/</u>
R2	Any 1 best-scoring subject from Mathematics or Science
R3	Any 1 best-scoring subject Humanities, Higher Art, Higher Music, Malay (Special Programme), Chinese (Special Programme), Mathematics or Science
R4	Any GCE O-Level subjects (except Religious Knowledge)
R5	Any GCE O-Level subjects (except Religious Knowledge)

<u>Millenia Institute – 3 Yr A-Level Programme</u>

Millennia Institute (MI) Courses (3-Year Duration)

School Name	A-Level					
	Arts		Commerce		Science	
	Course Code	Net L1R4 Range for Previous (2024) JAE	Course Code	Net L1R4 Range for Previous (2024) JAE	Course Code	Net L1R4 Range for Previous (2024) JAE
Millennia Institute	43A	9 to 19	43C	8 to 19	43S	6 to 17
Calculating the L1R4 (for Millenia Institute only)

L1R5	Subjects
L1	English or Higher Mother Tongue
R1	Any 2 best-scoring subject Humanities, Higher Art, Higher Music, Malay
R2	(Special Programme), Chinese (Special Programme), Mathematics or Science
R3	
R4	Any2 GCE O-Level subjects (except Religious Knowledge)

What cannot be used for aggregate computation

You **cannot** use: The grades of Higher Mother Tongue Language and Mother Tongue Language in the same aggregate computation.

For example, if Higher Chinese is used as the first language (L1), Chinese **cannot be used** as a relevant subject (R1 to R5).

Grade requirements for specific subjects

Subject	Grade
English Language	1-6
Mathematics (Elementary/ Additional)	1-7
 Any 1 Mother Tongue Language (MTL) MTL: Chinese, Malay, Tamil MTL approved by MOE in lieu of an official MTL (MTL-in-lieu): Arabic, Bengali, Burmese, French, German, Gujarati, Hindi, Japanese, Punjabi, Thai, Urdu 	 MTL or MTL-in-lieu: 1-7 Higher MTL: 1-8 'B' Syllabus: Merit or Pass Note: There is no Higher level or 'B' Syllabus for MTL-in-lieu.

S/No	Type of Bonus Points	No. of Bonus Points	Maximum Bo Allow:	
1	For students seeking admission to JC/MI/polytechnic/ITE and with the following co- curricular attainments/grades: a. Excellent, A1 – A2 b. Good, B3 – C6	2 points 1 point		
2	For students seeking admission to JC/MI courses and with grades of A1 to C6 in both their first languages (i.e. English and a Higher Mother Tongue).	2 points		
3	For students seeking admission to JC/MI courses and with grades of A1 to C6 in Malay/Chinese (Special Programme) (MSP/CSP) or Bahasa Indonesia (BI) as their third language.	2 points	Limited to a maximum of 4 bonus points for these 4 types.	Limited to a maximum of 6 bonus points.
4	For students from feeder schools if they choose their affiliated junior college course(s) as their: a. 1 st choice, <u>or</u> b. 1 st and 2 nd choices.	2 points		
	Please refer to Annex D for information on affiliated schools.			
5	For students who have applied for the CLEP/MLEP/TLEP and have been selected for the programme.	2 points		

Criteria for conditional admission

If you have sat for the subject but **did not** obtain the minimum grade stated above, you are eligible for conditional admission when you meet one of these criteria:

- L1R5 ≤ 15
- L1R5 from 16 to 20 and have grades of A1 or A2 in all the 5 relevant subjects

If you did not obtain the minimum required grade for an O-Level subject

You must resit for the subject and obtain the required grade by the end of Year 1 in JC. If you fail to do so, you will be transferred to Year 2 of a course in Millennia Institute (MI).

A-Level Programme



*Offered only at certain JCs.

List of JC subjects and poly courses are non-exhaustive.

DSA-JC



About DSA-JC

- Direct School Admission-Junior College (DSA-JC) allows students to apply to a DSA-JC before taking the GCE O-Level examinations.
- The students can apply based on their talent in either academic or non-academic areas such as sports, CCAs, leadership and other areas of expertise, that may not be demonstrated at the O-Level examinations.

Source: MOE Singapore

DSA-JC Talent Areas

- Refer to participating schools' websites for specific details as each school's requirements varies
- Some possible talent areas:-
 - Sports (e.g. Top 4 finish in zonal inter-school competitions) OR
 - Performing Arts (e.g. SYF participation and awards received) OR
 - Leadership* (e.g. school-wide leadership or record of effective leadership) OR
 - Debate (e.g. national or zonal competitions) OR
 - Academic (e.g. science research, mathematical Olympiads or proficiency/achievements in art/music/languages)

DSA-JC Interview

• *Interviews and/or Selection trials may be conducted

(Trials and Auditions are conducted either In-Person or Online; refer to participating JC for details)



Polytechnic Education

Applied Learning Institutions



















Course Clusters in Polytechnic



Calculating the ELR2B2

Polytechnic Diploma Courses – ELR2B2 Aggregate Point Calculation

Polytechnic courses are categorised into 4 group types:

Α	Humanities, Language related	
В	Business related	
С	Engineering, Science, InfoComm related	
D	Design and media related	

For each Group Type, the R2 may differ.









Group A [Media & Communications/Humanities]	Group B [Business/Hospitality]
EL: English	EL: English
R1: Art/Humanities/Music	R1: Math
R2: Math/MT/Humanities/D&T/F&N	R2: Humanities/Art
B2: Best 2 subjects	B2: Best 2 subjects
Group C [Applied Science/Engineering/ICT]	Group D [Design/Architecture]
EL: English	EL: English
R1: Math	R1: Math
R2: Science/Electronics/D&T/F&N	R2: Science/ART/D&T/F&N
B2: Best 2 subjects	B2: Best 2 subjects



Course Specific Minimum Entry Requirements – Pass in ELR2



Amy wants to apply for a type B course. She has a CCA grade of A2.

Polytechnic Course: Accountancy @ SP	Grade	Aggregate point (Tick ELR2B2)	CCA Grade	Bonus points
nglish	B4	4	Excellent or Grades A1-	2 points
. Math	B3	3	A2	2 points
Comb. Science	A2	2	Good or Grades B3 - C6	1 point
S/History	B3	3		
POA	C6	6		
1T	B3	3		
	Raw ELR2B2	15		
Less: CC	A Bonus Pts	-2		
	Net ELR2B2	13		
2023 JAI	net cut-off	12		
Mee	t Min. Entry	Yes / No		



Poly Early Admission Exercise



EAE

- An aptitude-based admissions exercise
- Students to apply for admission to polytechnic prior to taking their O-Level exam
- Students are selected based on their aptitudes and interest, apart from academic grades
- Students receive conditional offers for admission to polytechnics <u>prior</u> to receiving their O-Level grades
- All 5 polytechnics participate in Poly EAE









Poly EAE Eligible Applicants

Prefers a Diploma education that prepares one for the workforce and a hands-on experience

Overview Of Poly EAE Stages





Stage 1 – Application

Factors	JC	Poly
Learning Environment	Classrooms and Lecture halls	Lecture halls, online lectures, tutorial rooms, labs and other industry-relevant learning spaces
Learning style	Able to go deep into theories, understand concepts from textbook and apply them academically	Hands-on learning via projects and presentations. Independent learning, collaborative experiences
Grading	One major national exam – A Levels	GPA is cumulative – consistent effort is required. Attendance and class participation matters
Implication	Going deep academically Explore various subjects as they consider their aspirations	Industry-ready upon graduation Foundation built to enter world of work Tertiary experience before Uni



Art instituitions

Academic Schools at Arts Institutions

NAFA Diploma (nafa.edu.sg); Degree (nafa.edu.sg)

Lasalle <u>Schools | LASALLE</u> <u>College of the Arts</u>



NAFA Foundation Programme (NFP) for NA Students

Core modules

- Language and Communication
- Mathematical Literacy
- Understanding the Arts
- Learning and Technology
- Research and Enquiry

Pathway Elective modules from

- School of Art & Design,
- School of Arts Management, Dance & Theatre or
- School of Music

Studio Practice module





Secondary 5 for NA Students



For SBB students

Grade Mapping Table

Exp Subject Grades	NA Subject Grades
A1, A2, B3	1
B4, C5, C6	2
D7	3
E8	4
F9 (cannot be	5
counted for	
EMB3 for	
PFP/DPP)	

NA Subject Grades	ITE aggregate points
1-3	1
4	2
5	3
6/U	4

RESTRICTED \ NON-SENSITIVE

How can you partner your child in this decision-making process



Education & Career Guidance

How to work on your child's Education and Career Plan!



Education & Career Guidance

Make an ECG Plan

List your tentative education and/or career goals

Reflect on the purpose of these goals

Breakdown the big goals into smaller tangible steps [SMART goals]

Brainstorm potential obstacles which might be stopping you from achieving the goals and ways to deal with them

Discuss your plan with one or two persons (eg, your parent/teacher/ECG Counsellor) who can support you in this journey









Resources to support ECG Journey





Lesser known facts, handy tips and answers to common questions, we've got it all! Explore our growing list of job roles to get an indepth idea of what different jobs entail.





CourseFinder

ow Do I Get Ther Staying Relevant



🕇 Criteria	Clear all	Courses in Polytechnics	← 1 of 10 →
Polytechnics	^	Showing 199 courses	
Nanyang Polytechnic			
Ngee Ann Polytechnic		AI & Data Engineering	
Republic Polytechnic		Course code: C31	(♥)
Singapore Polytechnic		Admission Type: JAE, DAE, JPAE, Poly EAE, PFP	
Temasek Polytechnic			
		📩 Nanyang Polytechnic	
2023 JAE aggregate	^	2023 JAE ELR2B2-C aggregate : 3 - 10	
Aggregate type	Clear	Accountancy	~
Select an aggregate type	•	Course code: N51	(*)
Select an apprepare type		Admission Type: JAE, DAE, JPAE, Poly EAE, PFP	
Aggregate score			
0		📩 Ngee Ann Polytechnic	
V		2023 JAE ELR2B2-B aggregate : 4 - 12	



ECG

https://www.moe.gov.sg/coursefinder







Resources for parents



https://go.gov.sg/ecg-parent-guide



Resources for parents

https://go.gov.sg/ecgparent-guide

Where do you go from here?

Now that you have thought about your own beliefs, it is time to get to know your children better too. This means talking to them about their values, interests, personality, skills, strengths, and education and career aspirations, as well as exploring platforms and opportunities to achieve these aspirations.

Not sure how to start? Here's a checklist of topics:

What I Know About My Children Tick against all that apply.



3 Tips to Support Your Children's Education and Career Journey

1 Discovering Purpose Guide your children to make informed decisions and own them

Pay attention to the values, interests, personality, skills, and strengths your children display in various activities and interactions and affirm them to build their confidence. Discuss important considerations with your children when they are making education and career decisions. Empower them to take ownership of their goals and contribute meaningfully at home, in school and in the community.



SCAN ME



for Parents



Conversation Starters

Set aside time and space where you can speak with, listen to and understand your children's thoughts and feelings. Use the following questions to encourage your children to find out more about themselves.

For your children in Secondary School:

- What are your favourite subjects and Co-Curricular Activities (CCAs)? What do you like about them?
- How would you want to contribute to our community to make a positive difference?
 - What are your goals and aspirations?



MOE SchoolBag News site

Sto	ries				Archive		GO.gov.sg
Filter	r by: Educa	tion Feat	ures Teache	ers Digest			100
All	Pre-School	Primary	Secondary	Post-Secondary	Special Education		1681952
				and the state of the second	a set in the second set of the second set of the second second second second second second second second second		https://go.gov.sg/moe-schoolbag

Should I choose a subject I'm good at, or one that I love?



SCHOOLBAG

THE EDUCATION NEWS SITE

When her daughter was in secondary school, author Monica Lim saw the dilemma she was in – the girl's favourite subject was not her best one, so ...





'I'm trying to change my teen's mind about going to JC'

What do you do when your teenager has rigid ideas of academic success? Mum Eveline Gan walks her daughter, who took her O-Level exam this year,





ECG Counselling



https://go.gov.sg/nvss

Credit : Image from pexels.com

Days: Every Tuesday and Wednesday Time: 9.00am to 5.00pm Venue: ECG room @ library Email: Jaslyn_shalini_a_r@schools.gov.sg





Q&A Do you have any questions?



Thank you for your time, and we look forward to continuing our journey in nurturing your child/ward together.